

## **By-Laws post AGM 2016**

### **Structure**

#### **President**

1. Athletics Wexford will have one President and one Vice President to be reviewed yearly, at the AGM.
2. The position of President of Athletics Wexford can be held by the same person for a maximum of five years.

#### **Officers**

The County Board officers are: Chairperson, Vice Chairperson, County Secretary, Treasurer, Secretary for cross country and road, Secretary for Track & Field, Child Welfare officer, PRO, Leinster Representatives x2 (total 10).

#### **Life Members**

John Godkin, Toddy Moore, John Hayes, Nicky Cowman & Emiel Heynen are Life Members of Athletics Wexford.

Life members will be reviewed at each AGM.

### **Committees**

#### **Composition of Subcommittees**

1. An officer of the county board may be elected to no more than one subcommittee of the county board.
2. A subcommittee of the board may contain no more than 2 elected officers of the county board.
3. Any subcommittee of the county board contain no more than one representative from any club.

Development committee: the remit of the committee will include coaching co-ordination.

Athlete of the month committee: no two members of the committee can be from the same club

### **Meetings**

1. The County Board shall meet every 2 months, and at least 6 times yearly.
2. Standing Orders to be enforced for all meetings: 2 votes per club, (4 votes per club at AGM and EGM). Clubs must nominate club voters and inform county chairperson of same at the commencement of each meeting.
3. Notification and agenda for Co Meetings should be issued at least seven days before the date of the meeting.
4. Notification and agenda for Co Meetings will be issued to a minimum of two people in each club and also to county officers, committee members and Leinster representatives.

### **Organisation**

1. That an updated copy of the County By-Laws be distributed to all club secretaries and county officers by email or otherwise by the 1<sup>st</sup> April following an AGM.
2. A committee of 3 will be selected to review and update the county bye-laws; this review should be done at least every 5 years.
3. The County Board will draw up a constitution.
4. All clubs will be required to draw up and adopt a constitution.
5. An affiliation fee to Athletics Wexford will be charged to all clubs. Recommended fee: €40
6. 50c per mile travel expenses is offered to Co Delegate drivers for Leinster & National meetings.
7. Leinster representatives and all county board officers will get email notification from the County secretary of all County meetings, coaching sessions, events etc.
8. Correspondence emanating from the county board or a subcommittee of the county board for the attention of juvenile athletes will be directed to the club secretary or representative of the club and not directly to the athlete.

8. The County Board will have the authority to suspend any person or club whose comments on social media are adjudged to damage the reputation of any club or member of a club.
9. Any Club that applies for a race permit must abide by the AAI rules on permits for races, clubs that submit false or misleading permits will be sanctioned.
10. No permit will be granted by the county board for races that fall on the dates or weekends of County Championships or within 50km of a Senior Leinster or National Championship.

### **Championship Events - General**

1. All athletes must be registered with AAI
2. Clubs are reminded that under AAI rules, running an unaffiliated athlete invalidates the affiliation of all other members of that club. Therefore, any club with an unaffiliated athlete competing in any event will be penalised. (No juvenile athlete will be penalised).
3. The schedule of Co Competitions must be available to clubs following the meeting after the AGM.
4. All competing clubs should provide at least two officials at Track & Field, Road and Cross Country Championships. If no official is present then the club should be fined €25.00.
5. All athletes must wear the sponsor's sticker in Track & Field, Road and Cross Country Championship events. Juvenile athletes must have name, club, and age group shown, with the age group shown as the most dominant feature.
6. All athletes U14 and older, must wear club singlets in Co Championship events. Failure to do so may mean disqualification. If club singlet is temporarily unavailable, a tee shirt with no slogans or advertising is permitted.
7. All juvenile athletes must wear suitable footwear.
8. Masters age groups are 35 and over.
9. A seminar for officials should be held every two years.
10. The county Wexford singlet must be worn by all Wexford Athletes who are entered and compete in regional and national, inter county championships. (AGM 2014)
11. Child welfare officers must be present at all juvenile county championships and events.
12. Child welfare officers must be present at all juvenile events run by clubs.
13. A county team competition is held for 9 to 12 age groups.
14. That all regular officials at County Events are Garda Vetted.

### **Championship Organisation**

1. Clubs, which run Championship Events, are responsible for the following:
  - (i). Preparation and measurement of Course for Track & Field, Road or Cross Country.
  - (ii). Providing Gate officials.
  - (iii). Providing Course Stewards at Road, Junctions or at gaps or corners, where spectators could impede the athlete. If there is a problem in providing any of the above the organising club must notify the County Chairman Secretary or Treasurer, well in advance, so that alternative arrangements can be made and the event run off in a safe and efficient manner.
  - (iv). Finish judges at Track & Field Championships should have a rostrum.
  - (v). A child welfare officer be present at all county juvenile championships and events.  
This is the responsibility of the event secretary.
2. Designated officials and helpers at County Championships may claim back the entry fee to the competition venue on the day of the event.

### **Track & Field**

1. The County Track & Field Championships will normally be held in Wexford except in circumstances where no suitable venue is available for specific events. In such circumstances the county championships can be held outside the county.

2. Only U9 to U13 athletes who have **not won** an individual medal or a gold or silver medal in relays, in the Track & Field Championships, are eligible to take part in 'B' Track & Field Championships.
3. An athlete can only win one individual track and one individual field event medal in the 'B' Track and Field Championship.
4. The Senior Track & Field Championship is classed as an Open Championship. This means that athletes from outside the county can compete and receive medals, provided that they have not competed in another county Championship.
5. Should a county relay team be placed in regional or national competition, the county board will purchase sub medals for all competitors who travel with the team.
6. An O/50s track and field championships will be held from 2014 onwards, county development committee to set events.
7. At the Senior Track and Field Championships novice, master and senior competing over the same distance must run in separate races.
8. The Masters track 3km Race Walk is now to be 2km, Senior 3km.

<b>Officials Required:</b>	<b>Track &amp; Field</b>
Chief Steward	
Gate People	3
Secretary (Numbers)	1
Starter & Asst	2
Public Address	1
Finish Judges	12
Presentation	2
Track Referee	1
Field Referee	1
Field Judges	18
Recorders	3
Child Welfare Officer	2
<b>Totals</b>	<b>46</b>

Note: The Chief Steward should be named well in advance and should know what is required to run the event.

### **Cross Country and Road**

1. Clubs **need not** declare and name their athletes, prior to the race, if entering two or more club teams in Road or Cross Country Championships.
2. The County Cross Country Relays for Juveniles is U10, U12, U14 and U16. The relay ages are in the current year as per Leinster. (AGM 2014)
3. The 'B' category award will be made to athletes in the Senior Men's Road and Cross Country Championships. Athletes not eligible for this award are: 1st, 2nd, & 3rd individuals and 1st team in the County Senior Road or Cross Country Championships: or any athlete who has won Leinster or AAI Senior Road or Cross Country Championships. 'B' category winners are again eligible for the award, after missing one year's Championships. 'B' category winners will be eligible to compete in Novice and Intermediate Championships in following years. 'B' category winners will be eligible to compete in Road and Cross Country Championships in one calendar year.
4. The first ten finishers in juvenile Co CC Races up to the age of U13 receive medals.
5. In the under 11 to under 16 championships, 3 to score on club teams.
6. In under 17 and under 18 competitions medals for first 6 but no team medals.
7. Medals will be available on the day of competition for 6 members of a NAMED track relay squad.
8. That a Fun Day at the end of Cross Country Season be organised for all Juvenile Athletes who participated in the County Championships that season.

### Road & Cross Country Distances and Team Numbers

	Men	Women	Men	Women
<b>Senior</b>	10,000m	5,000m CC	6CC	4
		5,000m Road	4 Road	4
<b>Intermediate</b>	8,000m	4,000m CC	4	4
<b>Novice</b>	6,000m	3,000m	4	4
<b>Junior</b>	6,000m	3,000m	3	3
<b>Masters</b>	6,000m	3,000m	4	3
<b>Senior</b>	Half marathon		3	3

### Medals for Masters

<b>Men</b>	M1 (over 35)	1st, 2nd&3rd	M2 and above	1st
<b>Women</b>	M1 (over 35)	1 <sup>st</sup> , 2nd &3rd	M2 and above	1 <sup>st</sup>

### Officials Required:

Chief Steward	
Gate People	3
Secretary (Numbers)	1
Starter & Asst	2
Public Address	1
Finish Judges	2
Record & Call	2
Keep In Line	2
Presentation	1
Lap Recorder	1
Child Welfare Officer	1
<b>Totals</b>	<b>17</b>

Note: The Chief Steward should be named well in advance and should know what is required to run the event.

### Definition of County Novice Men & Women

1. Any athlete who has not finished 1st or 2nd or 3rd in any previous Novice Cross Country or Road Championship or better.
2. Scoring members of the winning team in any previous Championship are eligible to compete provided they have won nothing greater.
3. Athletes winning any Novice Track Championship are eligible to compete in Novice Cross Country and Road Championships provided that they have not won anything greater.
- \*4. Athletes winning the Road Championship in Spring time are eligible to compete in Novice Cross Country in Autumn/Winter as they are classed as Novice for one calendar year or vice versa.
5. Any Veterans Championship medal winners are eligible to compete in Novice Championships provided they have won nothing greater.

### Definition of County Novice Men & Women Track & Field

1. Any athlete who has not finished 1st or 2nd in a Novice event or greater in Track & Field Championships in any previous year.

2. Any athlete who was on a winning relay team at Novice or Senior is eligible to compete in Novice Track & Field, provided that they have not won anything greater.
3. Item \*4 above also applies to Novice Track & Field.

### **Definition of County Intermediate Road & Cross Country**

1. Any athlete who has not finished 1st, 2nd or 3rd in any previous intermediate championships or better in Wexford or any other county or region.
2. Scoring members of the winning intermediate team are still eligible provided they have not won any greater individual medal.
3. Athletes can apply to the county board for regrading to intermediate after 3 years provided they have won anything greater in that period.
4. Scoring members of winning Senior Cross Country and Road teams can compete, provided that they do not come under 1 above and have won nothing greater.
5. Scoring members of winning teams at Leinster or AAI Intermediate are not eligible.
6. Any athlete who has finished 1st or 2nd in the Senior T & F 1500m or longer is not eligible.

### **Inter-County Team**

1. The County Board shall manage and appoint coaches for all county teams.
2. The first four athletes in the 100m in the U11, 13, 15, 17, 19 age groups plus the first two in the U10 (60m), 12, 14, 16, 18 age groups, will form the panels of six for the Inter Counties Relays. The County Board will select the team from this group. The qualifying athletes will be invited to County relay training and the team of four will be selected on the basis of a trial. Where there are insufficient numbers the county board may co-opt other athletes onto the teams.
3. All Cross Country athletes entered to Leinster Cross Country are eligible for County teams.
4. Should a cross country or road team be placed in regional or national competition, the county will purchase sub medals for that team.

### **Leinster Intermediate and Novice Rules of Competition**

#### **Novice Men & Women Road & Cross Country**

1. An athlete who has not been placed 1st or 2nd or scoring member of winning team in any Provincial or National Cross-Country or Road Race (Juniors or underage excepted) or who has not been placed 1st or 2nd in a Provincial or Senior Championship race of 1500m or upwards.
2. Athletes must be U20 and older to compete in Leinster Competitions.

#### **Intermediate Men & Women Road & Cross Country**

1. Athletes must be U20 or older to compete.
2. An athlete who has not been placed 1st or 2nd individual in previous Intermediate or Senior Championships or in the winning team or county and/or club in Provincial Championships.

#### **Athlete of the Month.**

1. Athlete of the Month will be awarded for athletic achievement in competition under, or affiliated to AAI rules and IAAF rules.
2. An athlete can receive only 1 athlete of the month award per calendar year.
3. The Selection Committee may nominate an athlete in the event that no athlete is nominated by closing date, which is the 12th of the following month.
4. All athletes nominated for 'Athlete of Month' are considered for 'Athlete of the Year' Award.
5. The 'Athlete of the Month' is selected from the list of athletes nominated by the clubs (except in special circumstances – see 8 below)
6. Clubs may only nominate one athlete for 'Athlete of the Month'
7. The above criteria are published annually and strictly adhered to.

8. The athlete of the Month Committee can nominate an Athlete for Athlete of the Month based on competition results if that athlete is not already nominated, and the athlete has higher achievements than those already nominated.

### County Cross Country & Road Race Cups & Trophies

		<b>Men</b>	<b>Women</b>
<b>Senior CC</b>	Individual	Dave Carty Cup	Toddy Moore Shield
	Team	Kerr Cup	Johnnie Hore Cup
<b>Inter CC</b>	Team	Dermot Power Sh.	none
<b>Novice CC</b>	Team	Brooks Cup	County Board Cup
	Over 35 Individual	Paddy Breen Cup	none
<b>Junior CC</b>		none	none
<b>Masters CC</b>		none	none
<b>Senior Road</b>	Team	Co Board Cup	Annie Murphy Cup
<b>Novice Road</b>	Team	Co Board Cup	none
	Over 35	Paddy Breen Cup	none

### Track & Field Championships

The Brother Egan cup is presented to the best overall Senior Men's Club in the Co Championships.

### Cross Country Championships

The Jim Redmond Trophy is presented to the best overall club in teams in Cross Country Championships.

### Mr Oil Athlete of the Year Cup

Best athlete within the county as chosen by selection committee

### Athletics Wexford /Kehoe Foods award.

Life time service award to athletics as selected by Co Board Officers.

### Juveniles

Best U17 Female in Co T & F; Ann O'Keeffe

Best U17 Male in Co T & F; Harry Keyes